



# Senior Care™ Checklist

**Relative Age of Your Dog in "Human Years"**

Age	Dog's size in pounds			
years	0-20	21-50	51-90	90 +
5	36	37	40	42
6	40	42	45	49
7	44	47	50	56
8	48	51	55	64
9	52	56	61	71
10	56	60	66	78
11	60	65	72	86
12	64	69	77	93
13	68	74	82	101
14	72	78	88	108
15	76	83	93	115
16	80	87	99	123
17	84	92	104	
18	88	96	109	
19	92	101	115	
20	96	105	120	

----- = Senior  
 ----- = Geriatric

Signs of Aging:	yes-	no--
Difficulty climbing stairs	---	---
Difficulty jumping up	---	---
Increased stiffness or limping	---	---
Loss of housetraining	---	---
Increased thirst	---	---
Increased urination	---	---
Changes in activity level	---	---
Excessive panting	---	---
Circling/Repetitive movements	---	---
Confusion or disorientation	---	---
Excessive barking	---	---
Less interaction with family	---	---
Decreased responsiveness	---	---
Tremors or shaking	---	---
Skin and haircoat changes	---	---
Changes in sleeping patterns	---	---
Less enthusiastic greeting or behavior	---	---
Altered appetite	---	---
Weight change	---	---

Owner: \_\_\_\_\_  
 Dog's Name: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_  
 Age: \_\_\_\_\_  
 Today's Date: \_\_\_\_\_



Developed for Long Beach Animal Hospital, by Glenna M Gobar DVM, MPVM, MS, courtesy of Pfizer Animal Health; Sept 2001